

# TEXTILE EXPLORATION

## EMBROIDERED PATCHES

### SUMMARY

Participants will learn basic embroidery stitches by making a felt patch

### VOCAB

**Embroidery:** decorative stitching using a needle and thread

**Running Stitch:** a simple needlework stitch consisting of a line of small even stitches without overlapping

**Back Stitch:** a simple needlework stitch consisting of a stitch going backward

### SOCIAL JUSTICE PROJECT

Creating embroidered patches with social justice symbols that can be adhered to a community board or to a personal belonging.

Age Range: 5 +

### TOPICS OF DISCUSSION

**Social Justice:** advocating for a society in which everyone has equal access to resources and are treated with equality regardless of their race, gender, religion, sexuality, income level or disability.

**Activist:** a person who promotes some kind of change and is actively involved in a political or social cause.

**Symbol:** a mark, sign, or word that represents an idea.

### SOCIAL JUSTICE ARTISTS

#### Chilean Arpilleristas

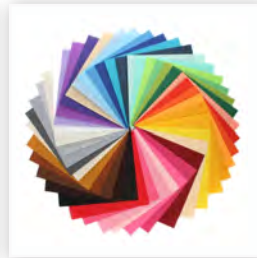
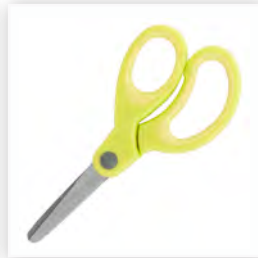
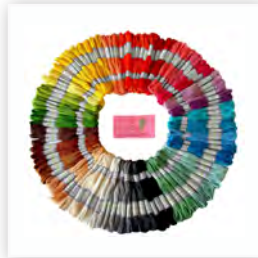
Brightly-colored patchwork stitched with stories of the life of the poor and oppressed in Chile in the 1970s-80s during the totalitarian military regime of General Augusto Pinochet Ugarte. They were embroidered by poor women whose husbands, sons and brothers were killed or imprisoned by the government. Their embroidered work told the outside world their messages of protest: hunger, fear, unemployment, housing shortages and missing men often referred as the “disappeared”.



## MATERIALS

For 12 participants

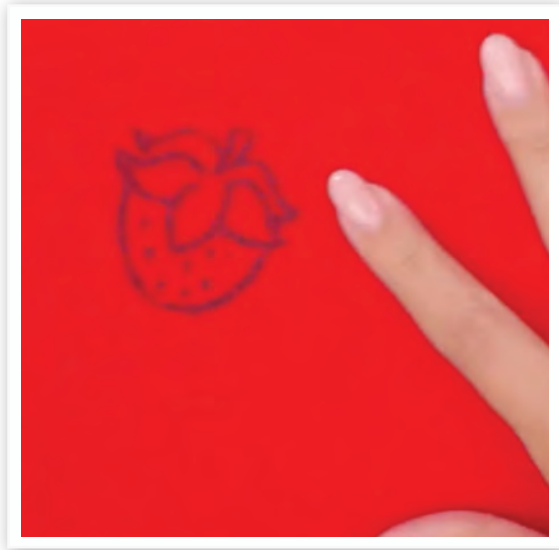
Supplies	Vendor	Aprox. Cost
Embroidery small hoops	Amazon	\$12.99
Embroidery transfer pen	Amazon	\$9.99
Peel and stick fabric fuse sheets	Amazon	\$9.14
Embroidery thread	Amazon	\$12.97
Scissors	Amazon	\$13.89
Felt	Amazon	\$17.98
Embroidery needles	Amazon	\$9.98
<b>Aprox. Project Cost</b>		<b>\$86.94</b>



## INSTRUCTIONS

### Embroidery

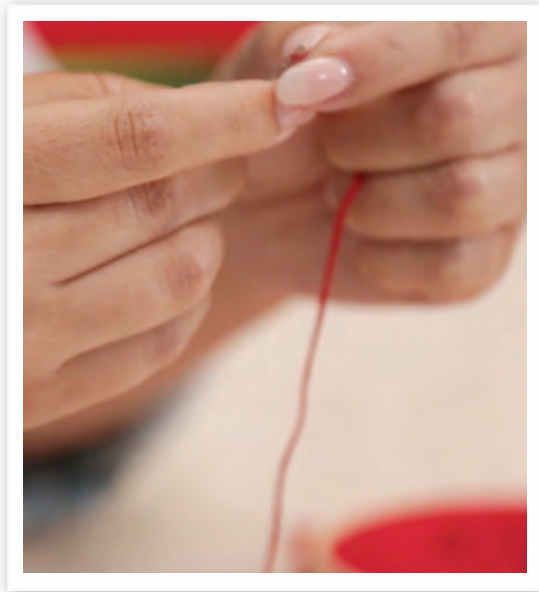
**Step 1:** Draw a design directly onto the felt with an embroidery transfer pen making sure it will fit in the embroidery hoop.



**Step 2:** Place the felt in the embroidery hoop with the design centered. Tighten the hoop so it feels tight like a drum skin, trim away excess felt.



**Step 3:** Thread needle using an arms-length of embroidery floss (use tapestry needles for little kids). Knot the end.



**Step 4:** Starting on the back of your design, stitch along your pen line. Use a basic backstitch or running stitch to outline the design on your felt and decorate it with 2-3 colors.



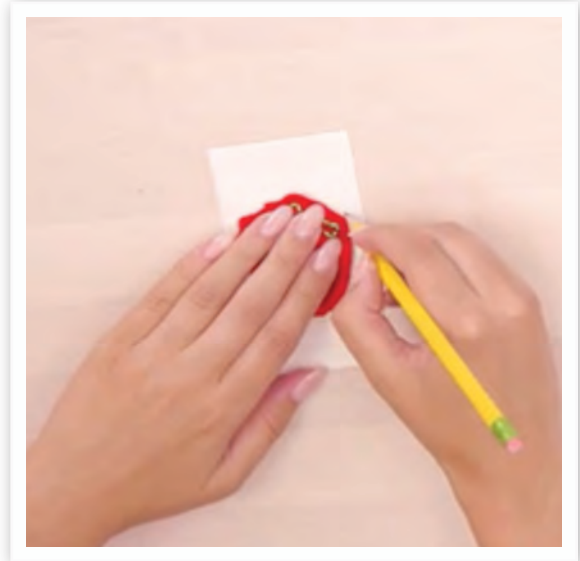
## INSTRUCTIONS

### Fabric Fuse Sheets

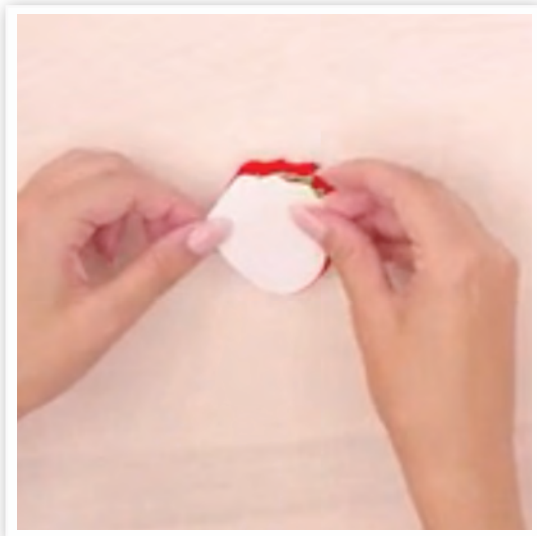
**Step 1:** Once finished, take it out of the hoop and cut around your stitching leaving a 1 - 2cm border around the design.



**Step 2:** Trace your cut-out embroidered design on the peel-and-stick fabric fuse sheet (on the smooth side). Cut out the traced shape.



**Step 3:** Peel the smooth paper backing away and stick it directly to the back of your patch. Trim away any excess fuse sheet that's showing. Peel off the other side and stick it somewhere!



**VIEW VIDEO TUTORIAL AT:**  
[WWW.TODAYSPARENT.COM](http://WWW.TODAYSPARENT.COM)

### IMAGE CREDITS

- Todaysparent.com
- benton.uconn.edu

## INSTRUCTIONS

### Social Justice Symbols

Below are examples of symbols used for social justice that kids can use for reference.



Image: Todaysparent.com

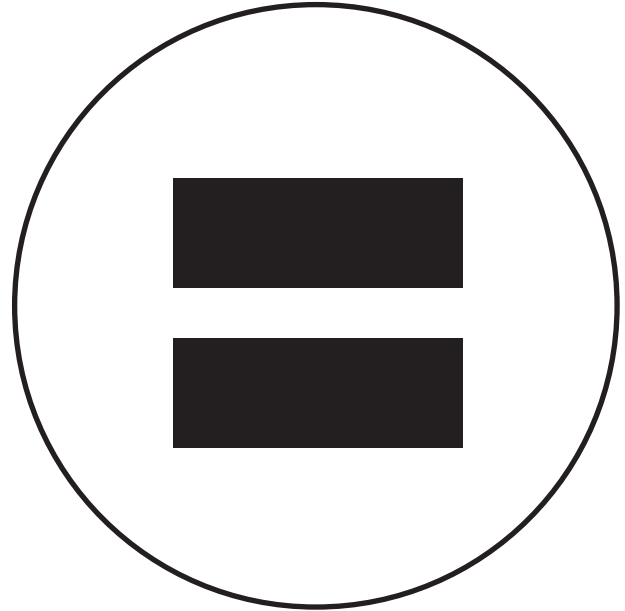


Image: Human Rights Equality